

Supporting Carers of Older People

SUPPORTING RESOURCES

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Organisations and peak bodies

[Dementia Australia](#): has multiple resources for carers

[University of Tasmania](#): has several free courses for carers

[Dementia Training Australia](#): for apps and free training

[Carers Australia](#): national peak body representing Australia's unpaid carers

[The Groundswell Project](#): information on compassionate end-of-life care

Intake and support tools

[Stop Falls at Home](#): a self-report version of the Home Falls and Accidents Screening Tool that Rosa could complete (perhaps with her daughter's help) online on her own before seeking help from a service. This tool is validated and the score can predict future falls.

Online resources

Dementia Australia resources
[Support for people living with Dementia \(and their families\)](#)

Dementia Education for Health
Professional/Workforce
Dementia Australia's Centre for Dementia Learning – [2021 Dementia Learning Guide](#)

Reports and articles

Redirecting Resistance
By Joseph M. Casciani, PhD
Aging Well
Vol. 1 No. 4 P. 20
Available at:
<https://www.todaysgeriatricmedicine.com/archive/101308p20.shtml>

The Value of Informal Carers 2020
Deloitte's report on Carers
Available at:
<https://apo.org.au/sites/default/files/resource-files/2020-07/apo-nid307225.pdf>

Use of the Tailored Activities Program to reduce neuropsychiatric behaviours in dementia: an Australian protocol for a randomized trial to evaluate its effectiveness.
O'Connor et al.

International Psychogeriatrics 2014; 26:857-69.
Tailored Activity Program (TAP): programs to assist people with dementia and carers.